

The Aging and Disability Resource Center

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The National Family Caregiver Program (NFCSP) offers rest for the caregiver, information, support and other resources. Caregiver support services are available to all families caring for a person age 60 or older. Grandparents and older relatives caring for minor children, or an adult with a disability may also qualify for this program.

How Does the Program Work?

Funds are available to provide support to family members caring for an older adult or an older adult caring for spouse, minor grandchildren or an adult child with a disability. Support may be in the form of:



- *Chore services, such as housekeeping, yard work, snow shoveling, etc.*
- *Personal care, such as dressing, bathing and assisting with personal hygiene*
- *Daily homemaking tasks such as meal preparation, shopping, laundry, etc.*
- *Companionship and general supervision for safety purposes*
- *Adaptive aids and assistive devices*

The program can not be used to pay for ongoing, full-time care.

Who Qualifies?

- *Any caregiver who provides **unpaid** care to a person age 60 or older, or to a person of any age who has Alzheimer's disease or other degenerative cognitive condition.*
- *Grandparents age 55 and older who are the primary caregivers for a child under age 19*
- *Relative caregivers age 55 and older who care for a person age 19-59 years who has a long-term disability*
- *The person receiving care must have functional limitations that make them unable to perform at least two activities of daily living or need supervision due to a physical or cognitive impairment.*
- *NFCSP services are **not** available to persons who are enrolled in Family Care, IRIS, Partnership, Alzheimer's Family Caregiver Support Program, and the ADRC Homemaker program. Other limitations may exist.*

Call the ADRC 715-726-7777 for more information about this program. The funding of NFCSP requires that we provide participants with an opportunity to contribute toward the cost of the service(s) being provided. Each month a statement is sent with an explanation of what was paid on your behalf and the suggested donation for service(s) received. Donations are confidential, appreciated and go right back into the program to serve more people. Participation in the program is not contingent on ability or willingness to donate.

